

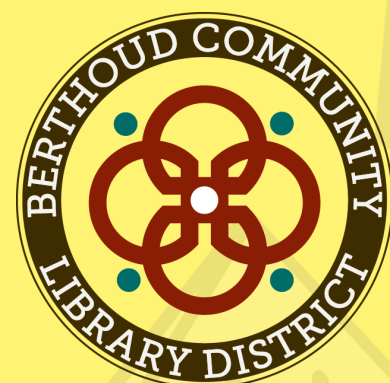
Berthoud Community Library District Presents:

THE SCIENCE OF NUTRITION

September 15th, 10am - 11am

Local resident, Emmy Ingham, discusses the science behind the food we eat.

Emmy is a member of the Academy of Nutrition and Dietetics. She teaches Nutrition in Pregnancy, Infant Nutrition, Toddler/preschool Nutrition and Fitness and Wellness at Front Range Community College. She has a Masters of Science in Human Nutrition, and is a Registered Dietician,



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