

# A New You

FEBRUARY IS: RECLAIM YOUR  
HEALTH MONTH!  
ESSENTIAL OILS 101

TUESDAY, FEBRUARY 6TH AT 4PM -  
WEDNESDAY, FEBRUARY 14TH AT 12PM -  
TUESDAY, FEBRUARY 20TH AT 4PM -  
WEDNESDAY, FEBRUARY 28TH AT 12PM -

LEARN THE ESSENTIALS  
OF ESSENTIAL OILS  
WITH KELLY EMERY

KELLY EMERY HAS BEEN WORKING WITH ESSENTIAL OILS FOR YEARS AND IS NOW PURSUING HER DIPLOMA IN AROMATHERAPY THROUGH THE AMERICAN COLLEGE OF HEALTHCARE SCIENCES. A SELF-PROCLAIMED ESSENTIAL OIL ENTHUSIAST, SHE IS EXCITED TO SHARE BASIC ESSENTIAL OIL INFORMATION WITH THE BERTHOUD COMMUNITY.



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